

Catechism
The 6th Commandment
You shall not commit adultery

What does this mean?

We should fear and love God so that we lead a sexually pure and decent life in what we say and do, and husband and wife love and honor each other.

HOW DO WE LEAD A SEXUALLY PURE AND DECENT LIFE? (Don't watch TV)

- A. Consider sexuality to be a good gift of God: Genesis 1:27, 31.
- B. Honor marriage as God's institution, the lifelong union of one man and one woman: Check out: Genesis 2:24-25, Mark 10:6-9
- C. Reserve sexual intercourse for the marriage partner alone. Check out Hebrews 13:4
- D. Control sexual urges in a God-pleasing way. Check out Titus 2: 11-12

WHAT DOES GOD FORBID IN THE 6TH COMMANDMENT?

- A. God forbids divorce except for marital unfaithfulness (adultery or desertion). Check out: Matthew 19:6 and Matthew 19:9 and 1 Corinthians 7:15
- B. God forbids sexual intercourse between unmarried persons. Check out 1 Corinthians 6:18 and 1 Corinthians 6: 9-10
- C. God forbids sexual sins such as rape, homosexual activity, incest, sexual child abuse, obscenity, and the use of pornographic materials. Check out Romans 1:24, 26-27, 1 Corinthians 6: 9-10.
- D. God forbids sexually impure thoughts and desires. Check out Matthew 5:28 and Matthew 15:19.

WHAT DOES GOD REQUIRE IN THE 6TH COMMANDMENT?

- A. God requires us to avoid all temptations to sexual sin. Check out Genesis 39:9 and 1 Corinthians 6:18.
- B. God requires us to be clean in what we think and say (no more dirty jokes) Check out Ephesians 5:3-4 and Philippians 4:8
- C. God requires us to use our sexuality in ways pleasing to Him. Check out 1 Corinthians 6:19-20

WHAT DOES GOD REQUIRE ESPECIALLY OF MARRIED PEOPLE?

God requires married people to love, honor, and respect each other. The wife is the husband's God-given helper, and the husband is the wife's God-given head. Check out Genesis 2:18, 1 Corinthians 7:4, Ephesians 4:32, Ephesians 5:21-23, 25.

Prayer: Faithful Lord, who establishes families and calls us into relationships built on mutual trust, help us to cherish each other and refrain from conduct that is abusive or dishonest. Enable us to understand that sexual expression is a gift from you. Help us to do honor to this gift in all our words and actions. We pray as members of Christ's body and in his name. Amen.

“Luther's Small Catechism with Explanation” (NIV edition), Concordia Publishing House 1991 with illustrations 2005, 296 pages ISBN 13: 978-0-7586-1121-5 ISBN 10: 0-7586-1121-5